YOUR POCKET GUIDE TO STAYING SAFE
PERSONAL SAFETY

Tasmania is widely considered to be a safe place to live and study, however you can play an important role in maintaining the safety of yourself and your property. The following is provided as general advice in relation to personal safety.

SAFETY TIPS

✗ Avoid walking alone at night
Walk with other people at night. But if alone, walk in well-lit areas or catch a bus or taxi.

✓ Protect your bag
• Carry your bag securely on the side furthest from the road to reduce the risk of bag-snatching. Make sure your bag is zipped up and not easily accessible.
• Don’t carry large amounts of cash.
• Always keep your purse or wallet in a secure place close to your body.
Be cautious when using ATMs
Be alert when withdrawing cash (especially using isolated ATMs), and don’t count money in view of others.

Be aware of your surroundings
Be aware of what’s going on around you. Wearing headphones, texting or talking on your mobile can reduce your alertness.
Isolated areas can be a risk
Try to keep to populated areas with lots of activity whether you’re exercising, or just out and about, especially at night.

Drug use and alcohol consumption can be a risk

- Drug use and excessive alcohol consumption may result in increased risk of danger.
- Never leave your drink unattended.
- When leaving premises, be cautious on footpaths and roads.

Carry your mobile phone with you

- When you’re out and about, even if exercising, always carry your mobile phone with you in case of an incident.
- Make sure you list key contact details under “ICE Numbers” (In Case of an Emergency).
Vary your routine
Take precautions when you’re out - reduce your risk of being a target.

Walk in groups
If you’re going out alone, tell someone.

Carry a mobile phone
In case an incident occurs.

Develop a personal safety plan
Plan what to do in different situations where your safety might be threatened.

Don’t accept lifts
Especially from somebody you don’t know. Use a bus or taxi - these services have CCTV for your safety.

Avoid poorly lit areas
avoid isolated areas, or poorly lit short cuts, especially at night.
TAKE ACTION

Secure your bag
At cafes, pubs or theatres, don’t put your bag on the floor, or hang it over your chair. Keep it in front of you or on your lap.

Carry valuables securely
Don’t leave your valuables unattended.
Avoid carrying all of your valuables on you at once and don’t store them all in one place. For example: Don’t keep your mobile, wallet, ID, iPad or camera all in your bag or backpack.

Deal with confrontation
Committing to your personal safety when you’re threatened is essential.
Take action If you’re being harassed or followed

• If concerned, attract attention and call for help.

• Remove yourself from the threat. If possible, run or use reasonable force to remove yourself from the danger.

• Go to the nearest occupied place. Is there a shop or business open in the area? Are you near a police station?

Don’t put up a fight for your belongings

If an offender wants your bag, wallet or money, hand them over - your safety comes first.

Ignore verbal harassment

In cases involving verbal harassment, ignore it and move on. If you’re alone, head straight to the nearest police station or occupied area.

If you want to report an incident or talk to someone about harassment, go to: www.utas.edu.au/students/reportit or visit your Student Adviser.
**HELP + ASSISTANCE**

💡 **Respond to calls for assistance**
If you hear a call for help, consider your safety first and respond accordingly. Providing assistance to someone in need, may prevent an assault or violent crime.

🚨 **Call the police**
In the case of a life threatening or time critical emergency, always call Triple Zero (000) for police, ambulance or fire brigade.

📝 **Report crime**
All personal crime or suspicious activity should be reported directly to the police or University Security Services.

💡 **University Student Centre**
Professional counsellors are available to students, offering counselling, advice and support. 
**Ph: 1800 817 675** (All Campuses) to make an appointment. This is a free service.
WHO TO CONTACT

Police
Emergency: 000
Non-urgent: 131 444
For more information please visit: www.police.tas.gov.au

University Security Services
Launceston: (03) 6324 3336
Cradle Coast: (03) 6226 7600
Hobart: (03) 6226 7600
Rozelle: 0402 696 321

Metro Tasmania bus timetables
Please visit: www.metrotas.com.au

NSW State Transit bus timetables
Please visit: www.sydneybuses.info

Get Safe Stay Safe is proudly brought to you by:

UNIVERSITY of TASMANIA

AMC
Australian Maritime College

Metro